



Scarsdale Campus

Lunch Menu



from 3/5/18 to 3/30/18

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Monday	Tuesday	Thursday	Friday
Meat Balls w/ Garden Vegies 5	Bœuf Bourguignon 6	Honey Roasted Chicken 8	Smoked Turkey 9
Couscous	w/ Organic Carrots and Mushrooms in Light Tomato Jus	Mashed Potatoes and Sweet Potatoes	Pasta Marinara
Roasted Vegetable Melody (Turnips, Carrots, Cabbage)	Rice	Sauteed String Beans	Mixed Green Salad with Tomatoes and Cucumbers
Green Salad	Green Salad	Green Salad	
	Lentil Stew	Quinoa with Sautéed Greens & Black Beans	Broccoli Soup
Herb Roasted Chicken 12	Pasta Bolognese 13	Chicken Curry 15	Fish Tacos 16
Mashed Potatoes	Mixed Green Salad with Tomatoes and Cucumbers	Quinoa	w/ Fish, Red Peppers, Tornatoes, Onions and Cilantro
Cream of Spinach	Broccoli Slaw with Carrot & Ginger Dressing	Broccoli	Rice
Green Salad		Green Salad	Green Salad
	Pasta With Salmon Bolognese	Fish Curry	Mushroom Soup
Honey Roasted Chicken 19	Hachis Parmentier 20	Chicken Parmigiana 22	Salade Niçoise 23
Quinoa	Green Salad	Rice	w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers
Spinach and Tomato Salad	Organic Carrot Salad	Sauteed String Beans	Couscous
		Tomato & Cucumber Salad	
	Baked Fish w/ Tomato Sauce	Ratatouille & Scrambled Eggs	Sweet Potato and Carrot Soup
Chicken Parmigiana 26	Meat Balls w/ Garden Vegies 27	Chicken Fajitas 29	30
Mashed Potatoes	Rice	w/ Chicken, Green and Red Peppers, Onions and Tomatoes	
Sauteed String Beans	Spinach and Tomato Salad	Rice	School Closed
Green Salad		Green Salad	
	Fish Balls w/ Garden Vegies	Fish Fajitas	



