



La Bonne Cuisine Catering
 301 West 118th Street • Suite 8b
 New York, NY 10026
 Tel. 914 • 714 • 5860



PreSchool Lunch Menu



from 2/4/19 to 3/1/19

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Monday	Tuesday	Thursday	Friday
Roasted Turkey 4 Mashed Potatoes Cream of Spinach	Pasta Bolognese 5 Mixed Green Salad with Tomatoes and Cucumbers Broccoli <i>Pasta With Salmon Bolognese</i>	Chicken Paella 7 <i>w/ Sausage, Green and Red Peppers, Carrots, and String Beans</i> Green Salad <i>Vegetarian Paella with Eggs and Black Beans</i>	Salade Niçoise 8 <i>w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers</i> Pasta Marinara <i>Mushroom Soup</i>
Herb Roasted Chicken 11 Pasta Sauteed String Beans Green Salad	Classic Lasagna 12 Mixed Green Salad with Tomatoes and Cucumbers Sauteed Spinach <i>Fish Lasagna</i>	Chicken Parmigiana 14 Rice String Bean & Tomato Salad <i>Lentil Stew</i>	Baked Fish Filet in Homemade Tomato Sauce 15 Mashed Potatoes Sauteed Spinach <i>Broccoli Soup</i>
18 School Closed	19 School Closed	21 School Closed	22 School Closed
Meat Balls w/ Garden Vegies 25 Rice Green Salad	Bœuf à la Marius 26 Orzo Sauteed String Beans Green Salad <i>Orzo with Sautéed Greens & Fish</i>	Honey Roasted Chicken 28 Rice Broccoli Green Salad <i>Fish Balls w/ Garden Vegies</i>	Cheese Tortellini 1 Smoked Turkey Sauteed String Beans Tomato & Cucumber Salad <i>Mixed Vegetable Soup</i>

