



La Bonne Cuisine Catering  
 301 West 118th Street • Suite 8b  
 New York, NY 10026  
 Tel. 914 • 714 • 5860



# PreSchool Lunch Menu



from 12/3/18 to 12/21/18

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Monday	Tuesday	Thursday	Friday
Honey Roasted Chicken 3 Mashed Potatoes Green Peas Green Salad	Bœuf Bourguignon 4 w/ Organic Carrots and Mushrooms in Light Tomato Jus Rice Green Salad Lentil Stew	Honey Roasted Chicken 6 Mashed Potatoes and Sweet Potatoes Sautéed String Beans Green Salad Baked Fish w/ Tomato Sauce	Smoked Turkey 7 Pasta Marinara Mixed Green Salad with Tomatoes and Cucumbers Broccoli Soup
Smoked Turkey 10 Couscous Sautéed String Beans Mixed Green Salad with Tomatoes and Cucumbers	Pasta Bolognese 11 Mixed Green Salad with Tomatoes and Cucumbers Broccoli Pasta With Salmon Bolognese	Chicken Curry 13 Quinoa Broccoli Green Salad Fish Curry	Fish Tacos 14 w/ Fish, Red Peppers, Tomatoes, Onions and Cilantro Rice Green Salad Mushroom Soup
Herb Roasted Chicken 17 Pasta String Beans Tomato & Cucumber Salad	Hachis Parmentier 18 Green Salad Organic Carrot Salad Vegetarian Nuggets	Chicken Parmigiana 20 Rice Sautéed String Beans Tomato & Cucumber Salad Ratatouille & Scrambled Eggs	Salade Niçoise 21 w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers Pasta Marinara Sweet Potato and Carrot Soup
24 School Closed	25 School Closed	27 School Closed	28 School Closed



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