



La Bonne Cuisine Catering  
 301 West 118th Street • Suite 8b  
 New York, NY 10026  
 Tel. 914 • 714 • 5860



# Middle School

## Lunch Menu



from 2/5/19 to 3/1/19

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese 5 Mixed Green Salad with Tomatoes and Cucumbers Broccoli Pasta With Salmon Bolognese	Roasted Turkey 6 Mashed Potatoes Cream of Spinach	Chicken Paella 7 w/ Sausage, Green and Red Peppers, Carrots, and String Beans Green Salad Vegetarian Paella with Eggs and Black Beans	Salade Niçoise 8 w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers Pasta Marinara Mushroom Soup
Classic Lasagna 12 Mixed Green Salad with Tomatoes and Cucumbers Sautéed Spinach Fish Lasagna	Croque Monsieur 13 Mixed Green Salad with Tomatoes and Cucumbers Spinach and Tomato Salad	Chicken Parmigiana 14 Rice String Bean & Tomato Salad Lentil Stew	Baked Fish Filet in Homemade Tomato Sauce 15 Mashed Potatoes Sautéed Spinach Broccoli Soup
19 School Closed	20 School Closed	21 School Closed	22 School Closed
Bœuf à la Marius 26 Orzo Sautéed String Beans Green Salad Orzo with Sautéed Greens & Fish	Salad Bar 27 w/ Choice of Ham or Smoked Turkey Black Bean Salad w/ assorted vegetables w/ assorted breads	Honey Roasted Chicken 28 Rice Broccoli Green Salad Fish Balls w/ Garden Veggies	Cheese Tortellini 1 Smoked Turkey Sautéed String Beans Tomato & Cucumber Salad Mixed Vegetable Soup

