



Village Campus

Lunch Menu



from 5/1/18 to 5/25/18

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Tuesday	Wednesday	Thursday	Friday
Bœuf Bourguignon 1	Pasta Bar 2	Honey Roasted Chicken 3	Smoked Turkey 4
w/ Organic Carrots and Mushrooms in Light Tomato Jus	Pasta Sampling of Three Classical Recipes	Mashed Potatoes and Sweet Potatoes	Pasta Primavera
Rice	Mixed Green Salad with Tomatoes and Cucumbers	Sauteed String Beans	w/ Broccoli and Carrots in Light Cream Sauce
Green Salad	Sauteed String Beans	Green Salad	Mixed Green Salad with Tomatoes and Cucumbers
Lentil Stew		Quinoa with Sautéed Greens & Black Beans	
Classic Lasagna 8	Chicken Schnitzel 9	Moroccan Couscous 10	Fish Tacos 11
Mixed Green Salad with Tomatoes and Cucumbers	Potatoes	w/ Chicken, Carrot, Cabbage and Turnips	w/ Fish, Red Peppers, Tomatoes, Onions and Cilantro
Broccoli Slaw with Carrot & Ginger Dressing	Green Salad	Green Salad	Rice
	Sauteed Spinach		Green Salad
Fish Lasagna		Vegetarian Couscous with Fish	
Hachis Parmentier 15	Salad Bar 16	Chicken Parmigiana 17	Salade Niçoise 18
Green Salad	w/ Choice of Ham or Smoked Turkey	Rice	w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers
Organic Carrot Salad	String Bean & Tomato Salad	Sauteed String Beans	Couscous
	w/ assorted vegetables	Tomato & Cucumber Salad	
Vegetarian Nuggets	w/ assorted bread	Ratatouille & Scrambled Eggs	
Pasta Bolognese 22	Herb Roasted Chicken 23	Chicken Fajitas 24	Salade du Chef 25
Mixed Green Salad with Tomatoes and Cucumbers	Mashed Potatoes	w/ Chicken, Green and Red Peppers, Onions and Tomatoes	w/ Smoked Turkey, Eggs, Cheese, Green Salad, Tomatoes and Cucumbers
Sauteed String Beans	Sauteed String Beans	Rice	Quinoa
	Green Salad	Green Salad	Roasted Vegetable Melody (Turnips, Carrots, Cabbage)
Pasta With Salmon Bolognese		Fish Fajitas	



