



La Bonne Cuisine Catering  
301 West 118th Street • Suite 8b  
New York, NY 10026  
Tel. 914 • 714 • 5860



# Village Campus

## Lunch Menu



from 1/9/18 to 2/2/18

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

| Tuesday  | Wednesday   | Thursday   | Friday  |
|--|---|--|---|
| Pasta Bolognese 9<br>Mixed Green Salad with Tomatoes and Cucumbers<br>Sauteed String Beans<br>Pasta With Salmon Bolognese                                    | Chicken Schnitzel 10<br>Mashed Potatoes<br>Garden Vegetables<br>Green Salad   | Moroccan Couscous 11<br>w/ Chicken, Carrot, Cabbage and Turnips<br>Green Salad<br>Vegetarian Couscous with Fish          | Salade du Chef 12<br>w/ Smoked Turkey, Eggs, Cheese, Green Salad, Tomatoes and Cucumbers<br>Rice<br>Sweet Potato and Carrot Soup            |
| Boeuf Bourguignon 16<br>w/ Organic Carrots and Mushrooms in Light Tomato Jus<br>Pasta<br>Green Salad<br>Gratin de Courgette (Eggs, Zucchini, Swiss and Rice) | Croque Monsieur 17<br>String Bean & Tomato Salad<br>Green Salad   | Chicken Stir Fry 18<br>w/ Peppers, Organic Carrots, and Snow Peas<br>Rice<br>Green Salad<br>Vegetable Stir Fry with Fish | Baked Fish Filet in Homemade Tomato Sauce 19<br>Quinoa<br>Organic Tomatoes & Cucumber Salad<br>Sauteed String Beans<br>Potato and Leek Soup |
| Meat Balls w/ Garden Vegies 23<br>Pasta<br>Spinach Salad<br>Fish Balls w/ Garden Vegies  | Salad Bar 24<br>w/ Choice of Ham or Smoked Turkey<br>Black Bean Salad<br>w/ assorted breads<br>w/ assorted vegetables | Chicken Curry 25<br>Rice<br>Broccoli<br>Green Salad<br>Fish Curry  | Salade Niçoise 26<br>w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers<br>Couscous<br>Mixed Vegetable Soup                  |
| Herb-Crusted Roast Beef 30<br>Potatoes<br>String Bean & Tomato Salad<br>Ratatouille & Scrambled Eggs   | Herb Roasted Chicken 31<br>Quinoa<br>Mixed Vegetables<br>Green Salad  | Chicken Nuggets 1<br>Rice<br>Green Salad<br>Organic Carrot Salad<br>Lentil Stew  | Smoked Turkey 2<br>Pasta Primavera<br>w/ Broccoli and Carrots in Light Cream Sauce<br>Green Salad<br>Lentil Soup                            |

