



**La Bonne Cuisine Catering**  
 301 West 118th Street • Suite 8b  
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# Larchmont Campus

## Lunch Menu



from 5/1/18 to 5/25/18

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Tuesday	Wednesday	Thursday	Friday
Bœuf Bourguignon 1 w/ Organic Carrots and Mushrooms in Light Tomato Jus Rice Green Salad Lentil Stew	No Lunch	Honey Roasted Chicken 3 Mashed Potatoes and Sweet Potatoes Sautéed String Beans Green Salad Quinoa with Sautéed Greens & Black Beans	Smoked Turkey 4 Pasta Primavera w/ Broccoli and Carrots in Light Cream Sauce Mixed Green Salad with Tomatoes and Cucumbers
Classic Lasagna 8 Mixed Green Salad with Tomatoes and Cucumbers Broccoli Slaw with Carrot & Ginger Dressing Fish Lasagna	No Lunch	Moroccan Couscous 10 w/ Chicken, Carrot, Cabbage and Turnips Green Salad Vegetarian Couscous with Fish	Fish Tacos 11 w/ Fish, Red Peppers, Tomatoes, Onions and Cilantro Rice Green Salad
Hachis Parmentier 15 Green Salad Organic Carrot Salad Vegetarian Nuggets	No Lunch	Chicken Parmigiana 17 Rice Sautéed String Beans Tomato & Cucumber Salad Ratatouille & Scrambled Eggs	Salade Niçoise 18 w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers Couscous
Pasta Bolognese 22 Mixed Green Salad with Tomatoes and Cucumbers Sautéed String Beans Pasta With Salmon Bolognese	No Lunch	Chicken Fajitas 24 w/ Chicken, Green and Red Peppers, Onions and Tomatoes Rice Green Salad Fish Fajitas	Salade du Chef 25 w/ Smoked Turkey, Eggs, Cheese, Green Salad, Tomatoes and Cucumbers Quinoa Roasted Vegetable Melody (Turnips, Carrots, Cabbage)

