



La Bonne Cuisine Catering
301 West 118th Street • Suite 8b
New York, NY 10026
Tel. 914 • 714 • 5860



Larchmont Campus

Lunch Menu



from 1/9/18 to 2/2/18

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese 9 Mixed Green Salad with Tomatoes and Cucumbers Sauteed String Beans Pasta With Salmon Bolognese	10 No Lunch	Moroccan Couscous 11 w/ Chicken, Carrot, Cabbage and Turnips Green Salad Vegetarian Couscous with Fish	Salade du Chef 12 w/ Smoked Turkey, Eggs, Cheese, Green Salad, Tomatoes and Cucumbers Rice Sweet Potato and Carrot Soup
Boeuf Bourguignon 16 w/ Organic Carrots and Mushrooms in Light Tomato Jus Pasta Green Salad Gratin de Courgette (Eggs, Zucchini, Swiss and Rice)	7 No Lunch	Chicken Stir Fry 18 w/ Peppers, Organic Carrots, and Snow Peas Rice Green Salad Vegetable Stir Fry with Fish	Baked Fish Filet in Homemade Tomato Sauce 19 Quinoa Organic Tomatoes & Cucumber Salad Sauteed String Beans Potato and Leek Soup
Meat Balls w/ Garden Vegies 23 Pasta Spinach Salad Fish Balls w/ Garden Vegies	24 No Lunch	Chicken Curry 25 Rice Broccoli Green Salad Fish Curry	Salade Niçoise 26 w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers Couscous Mixed Vegetable Soup
Herb-Crusted Roast Beef 30 Potatoes String Bean & Tomato Salad Ratatouille & Scrambled Eggs	31 No Lunch	Chicken Nuggets 1 Rice Green Salad Organic Carrot Salad Lentil Stew	Smoked Turkey 2 Pasta Primavera w/ Broccoli and Carrots in Light Cream Sauce Green Salad Lentil Soup

