



La Bonne Cuisine Catering
 301 West 118th Street • Suite 8b
 New York, NY 10026
 Tel. 914 • 714 • 5860



Elementary School

Lunch Menu



from 11/6/18 to 11/30/18

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Tuesday	Wednesday	Thursday	Friday
Hachis Parmentier 6 Green Salad Organic Carrot Salad Sauteed Spinach Pasta Primavera with Salmon	7 No Lunch	Herb Roasted Chicken 8 Rice Broccoli Slaw with Carrot & Ginger Dressing Green Salad Lentil Stew	Salade du Chef 9 w/ Smoked Turkey, Cheese, Green Salad, Tomatoes and Cucumbers Roasted Vegetable Melody (Turnips, Carrots, Cabbage) Sweet Potato and Carrot Soup
Classic Lasagna 13 Mixed Green Salad with Tomatoes and Cucumbers Sauteed Spinach Fish Lasagna	14 No Lunch	Chicken Nuggets 15 Mashed Potatoes and Sweet Potatoes Sauteed String Beans Organic Carrot Salad Vegetarian Nuggets	Fish Tacos 16 w/ Fish, Red Peppers, Tomatoes, Onions and Cilantro Rice Green Salad Mushroom Soup
20 Thanksgiving lunch offered by Parents	21 School Closed	22 School Closed	23 School Closed
Meat Balls w/ Garden Vegies 27 Couscous Spinach and Tomato Salad Fish Balls w/ Garden Vegies	28 No Lunch	Chicken Stir Fry 29 w/ Peppers, Organic Carrots, and Snow Peas Rice Green Salad Vegetable Stir Fry with Fish	Smoked Turkey Slices 30 Baked Ziti Green Salad w/ Organic Carrots Mixed Vegetable Soup

